COPE OF COUNCIE

A COMIC ABOUT DIGITAL SECURITY FOR ACTIVISTS







This comic is based on insights gathered from over 90 interviews with activists in semi-authoritarian states and countries experiencing democratic backsliding. We are immensely grateful to these activists for sharing their experiences, shedding light on the technology-facilitated violence they face, and discussing strategies they've used to protect their privacy and security.

While this comic provides general recommendations, it's crucial to emphasize that activists themselves are the true experts on their own situations. Every context is unique, and what works in one place might not be suitable in another. Risks evolve quickly, and laws—such as those targeting tools like VPNs—can change without warning. Staying informed, conducting personal threat analyses, and adapting security practices to local contexts are steps that might help in developing effective coping mechanisms. It's also important to view security holistically, recognizing that the digital and physical worlds are deeply interconnected. Online security measures are just one part of a broader approach to staying secure.

Organizations such as Access Now and Front Line Defenders offer valuable resources for analyzing threats and improving digital security.

While we look forward to a future free from oppression, we remain inspired by those working tirelessly toward a more just and equitable world.

Signed: Laura Guntrum, Technical University of Darmstadt.

L. GUNTU

Editorial assistance: Julian Lawrence, Teesside University.

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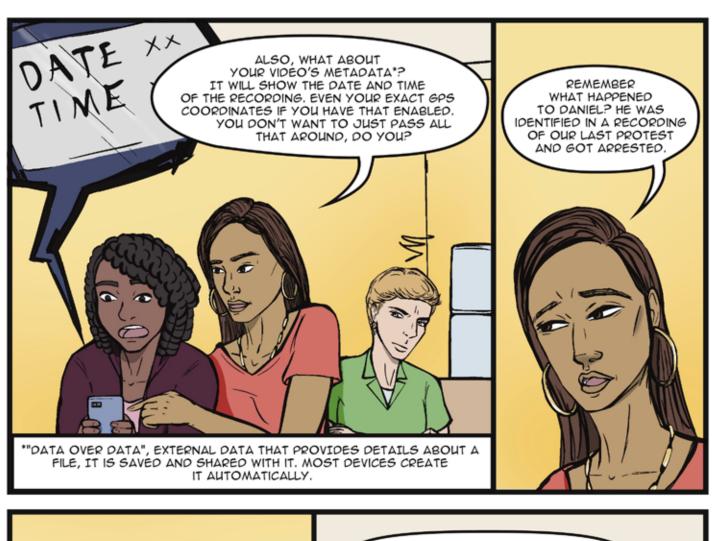


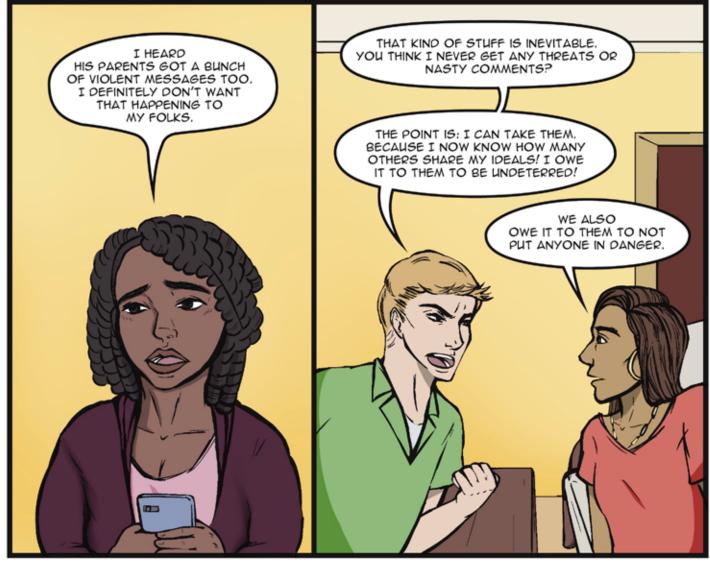


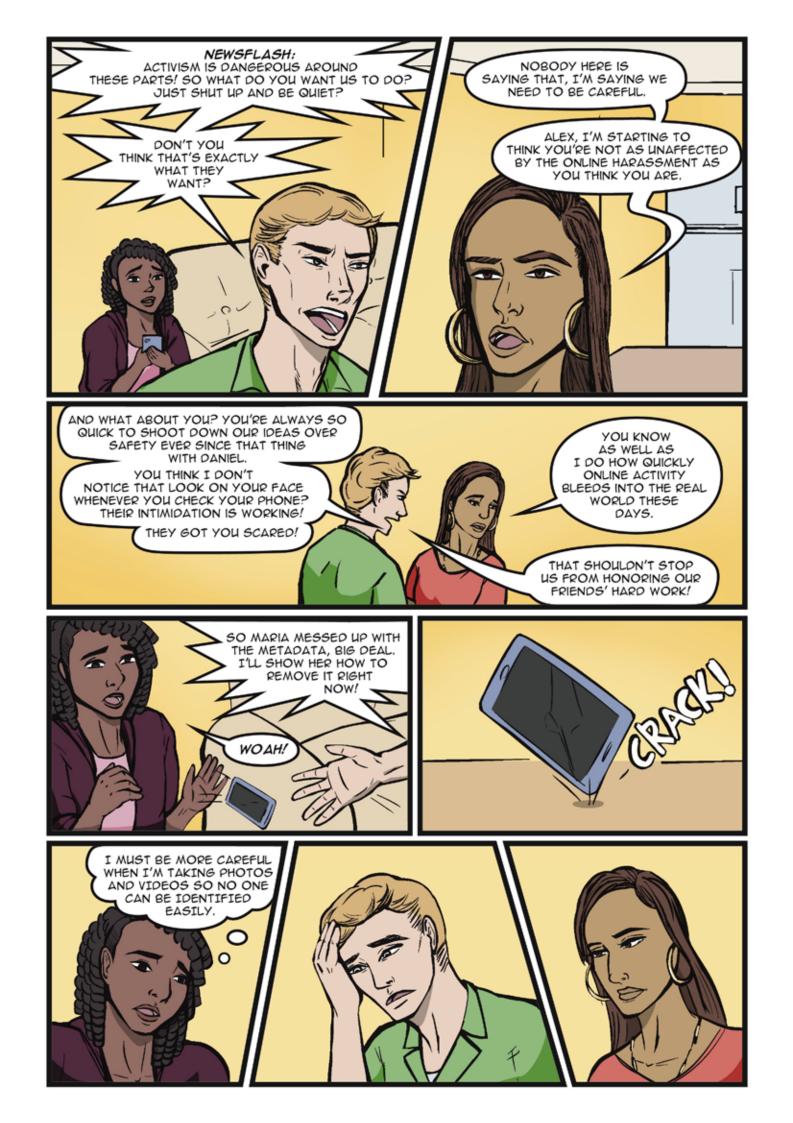












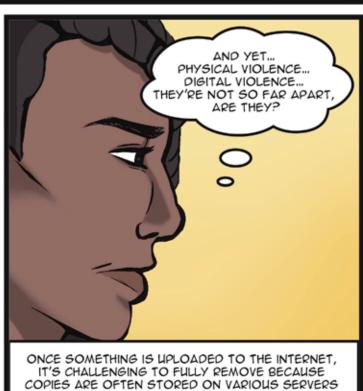












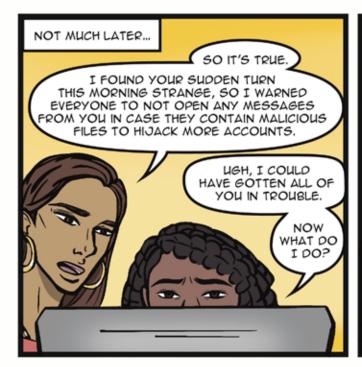
AND CAN BE ACCESSED OR SHARED BY

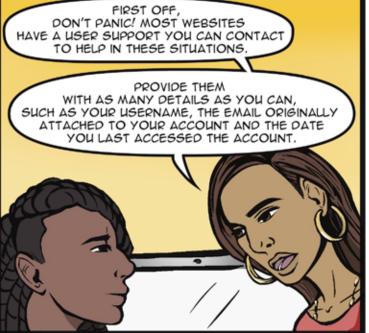
OTHERS INDEFINITELY.













THE INTERNET IS AN INCREDIBLE TOOL, BUT KEEPING YOUR PERSONAL DATA FROM BEING ACCESSED BY THE WRONG PEOPLE IS KEY TO NAVIGATING IT SAFELY. FOR PASSWORDS, THERE ARE A FEW THINGS TO CONSIDER.A LOT OF TARGETED HACKS USE BOTS TO GUESS PASSWORDS THROUGH BRUTE FORCE. THESE BOTS ARE AUTOMATED COMPUTER PROGRAMS THAT CAN TRY HUNDREDS OF PASSWORDS PER MINUTE UNTIL THEY GET IT RIGHT.



THE GOOD NEWS IS THAT THE AMOUNT OF GUESSES
THEY'LL HAVE TO MAKE GROWS SHARPLY WITH EACH CHARACTER
YOU ADD TO YOUR PASSWORD. THAT MEANS THE MOST IMPORTANT
FACTOR OF A SECURE PASSWORD IS LENGTH.

8 LETTERS? GIVE ME A WEEK. NO, GIVE ME A DAY.



BOT: HELPS ITS HUMANS WITH DIGITAL BUSYWORK, EVEN THE CRIMINAL KIND.

10 CHARACTERS?
I SURE HOPE THEY DON'T
CHANGE THAT PASSWORD
IN THE NEXT 6 MONTHS.



15 CHARACTERS - ESTIMATED TIME
UNTIL SUCCESS: ACTUAL
LITERAL CENTURIES



IF YOU WANT TO BE REALLY SURE,
YOU CAN USE AN OFFLINE VARIANT AND
ACTIVATE 2-FACTOR AUTHENTICATION [2FA] USING AN
EXTERNAL APP. 2FA IS ALWAYS A GOOD THING TO HAVE,
BUT USING ANOTHER APP MAKES IT EVEN SAFER.
BUT AS OF NOW, PASSWORD MANAGERS ARE QUITE SAFE.
THEY DON'T WRITE DOWN YOUR PASSWORDS,
THEY ENCRYPT THEM USING A MASTER PASSWORD
AS THE KEY. ESSENTIALLY, THE MANAGER DOESN'T

IT RUNS CALCULATIONS WITH IT.
AND THE RESULT WILL ONLY
ADD UP IF THE CORRECT
PASSWORD IS ENTERED.

ACTUALLY READ THE MASTER PASSWORD,



WHY CONGRATS, YOU'RE ON MY LIST!

> USERNAME... PASSWORD... LET ME DO THE MATHS ON THIS...





IT COULD BE A LINE FROM YOUR FAVORITE SONG, A QUOTE, OR JUST A SENTENCE THAT COMBINES RANDOM ELEMENTS. SAY "I LIKE TO EAT RICE WITH BEANS FOR LUNCH", "ILTERWBFL" FOR SHORT. A GOOD START, BUT TOO SHORT. INSERT A SPECIAL CHARACTER LIKE [/] FOR SOME EXTRA NUMBERS AND UPPERCASE LETTERS, YOU COULD ADD THE RELEASE DATE OF A FILM YOU LIKE, SAY "Q8SEPQOO4" FOR THE 98TH OF SEPTEMBER 9004.



ADDITIONALLY, THE PASSWORD SHOULDN'T BE EASILY GUESSABLE

OF COURSE.
NO USING THINGS LIKE
"PASSWORD" OR "123456".

YES, BUT YOU KNOW THAT "FOOTBALL"

IS ONE OF THE MOST COMMON PASSWORDS TOO?

IT'S BEST TO NOT USE ANY CLEAR TERMS AT ALL.

A VARIETY OF LETTERS, NUMBERS AND SYMBOLS IS

MUCH SAFER. OTHER PASSWORDS THAT CAN BE EASILY

GUESSABLE ARE YOUR NAME OR DATE OF BIRTH.

ANY PERSONAL INFORMATION THAT'S NOT IMPOSSIBLE

TO KNOW ABOUT CAN BE EASILY EXPLOITED.

SO PASSWORDS
CAN'T BE SHORT AND THEY CAN'T BE PERSONAL
AND THEY ALL NEED TO BE DIFFERENT... HOW AM
I SUPPOSED TO REMEMBER THEM ALL?



SHOULD
I HIDE THEM
SOMEWHERE IN
MY NOTES APP?
OR MAYBE WRITE
THEM DOWN ON
A STICKY NOTE
UNDER MY
DESK?

BAD IDEA, NOTES CAN BE FOUND AND STANDARD WRITING SOFTWARE IS EASILY COMPROMISED.

IN ANY CASE, A SECURE PASSWORD
MANAGER IS FAR SAFER THAN WRITING
ALL YOUR PASSWORDS DOWN SOMEWHERE
ON YOUR DEVICE. SOME OF THEM EVEN
GENERATE AND REMEMBER THEIR
OWN SECURE PASSWORDS
FOR YOU.



THAT SOUNDS
REALLY HELPFUL,
BUT... DOESN'T
THAT JUST PUT ALL
OF MY PASSWORDS
INTO ONE PLACE?
HACKERS WOULD
IMMEDIATELY KNOW
WHERE TO LOOK!
WHAT IF MY DEVICE
GETS STOLEN OR
THE MANAGER
GETS HACKED?

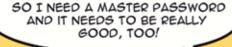
ANYONE AFTER THE DATA STORED WITHIN YOUR PASSWORD MANAGER WOULD HAVE TO BRUTE-FORCE THEIR WAY INTO CRACKING YOUR MASTER PASSWORD FIRST...



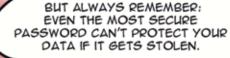
...AND THE BOTS THAT DO THE BRUTEFORCING DON'T DO WELL WITH LONG COMPLEX PASSWORDS BEFORE THE END OF THE CENTURY!



THAT'S BRILLIANT!



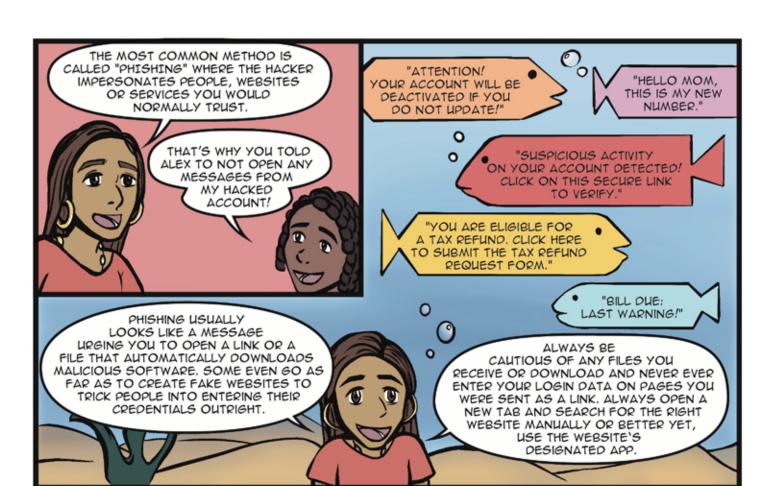


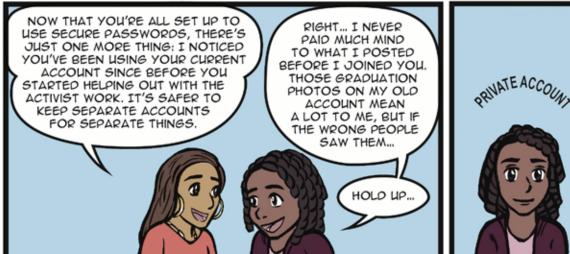


MOST OF THE CRIMES WE COMMONLY CALL "HACKING" ARE ACTUALLY COMMITTED BY EXPLOITING HUMAN ERROR.

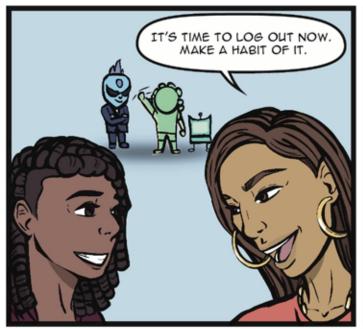


BAD ACTORS WILL TRY AND FOOL YOU INTO ACCIDENTALLY HANDING THEM YOUR CREDENTIALS.

















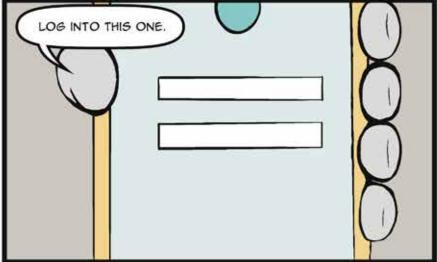




















YOU WANT TO ENABLE DEVICE ENCRYPTION AND SELECT "PIN CODE". DON'T USE THE BIOMETRIC FEATURES. THAT MEANS YOU CAN'T UNLOCK YOUR PHONE WITH YOUR FACE OR YOUR FINGERPRINT, BUT NEITHER CAN ANYONE ELSE.

DEVICE ENCRYPTION

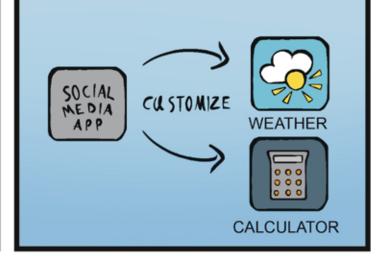
PIN CODE ON

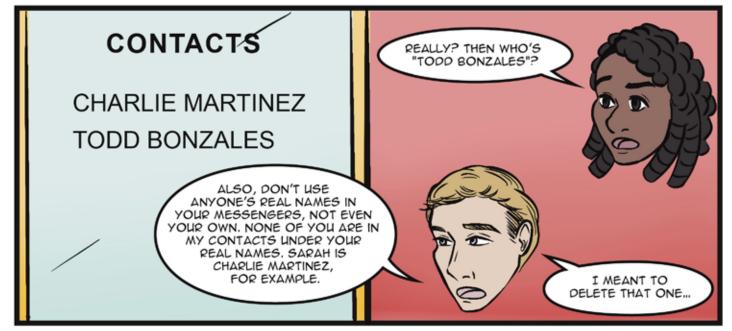
FACIAL CODE OFF

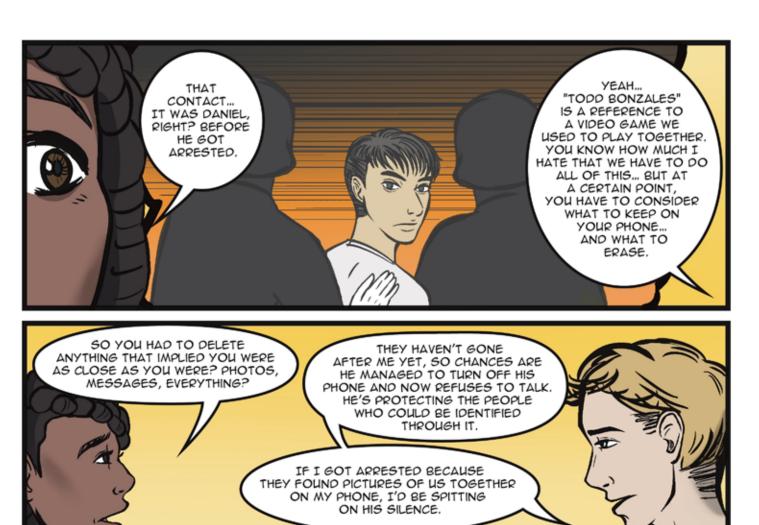
FINGERPRINT ID OFF

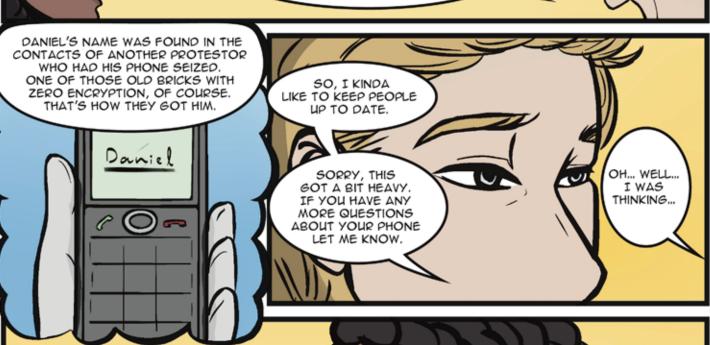
AN ADVERSARY CAN FORCE AN ACTIVIST TO UNLOCK THEIR DEVICE BY PHYSICALLY USING THEIR FINGERPRINTOR POSITIONING THEIR FACE IN FRONT OF A CAMERA. THIS IS MUCH HARDER WITH A PASSCODE, AS INDIVIDUALS CAN CLAIM THEY HAVE FORGOTTEN IT OR REFUSE TO DISCLOSE IT.

SOME APPS LET YOU CHANGE THE ICONS AND NAMES ON YOUR HOME SCREEN. APPS THAT HAVE A CERTAIN REPUTATION GET A LITTLE MAKEOVER.



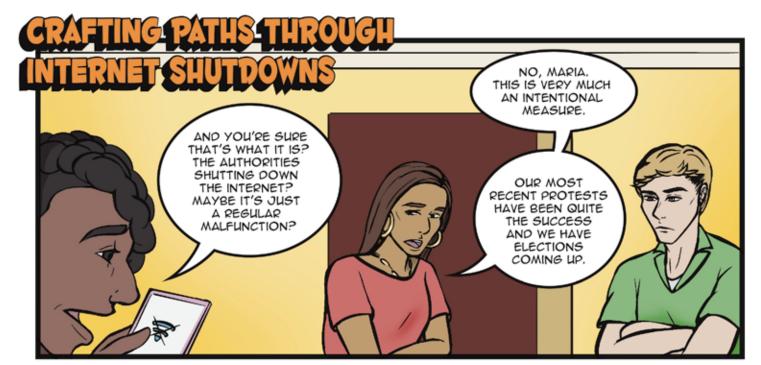






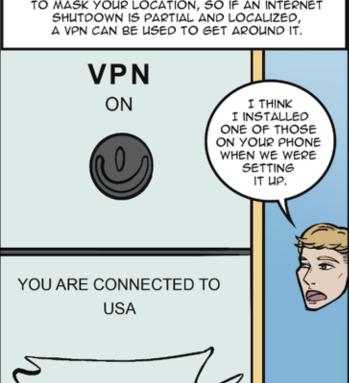
SOUNDS LIKE A PLAN.

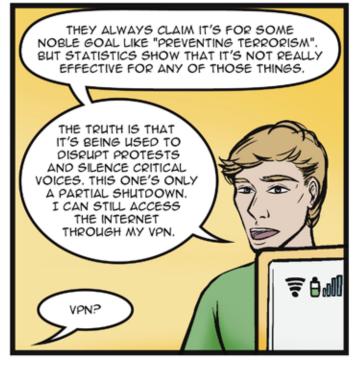
I MIGHT KEEP MY OLD PHONE AROUND.
USE ONE JUST FOR THE ACTIVISM AND
MINIMIZE THE SENSITIVE DATA ON IT...
CAN YOU HELP ME SET UP
THAT ONE, TOO?





A VPN IS A VIRTUAL PRIVATE NETWORK. IT ESTABLISHES A SECURE CONNECTION WITH A SERVER IN ANOTHER COUNTRY. IT CAN BE USED TO MASK YOUR LOCATION, SO IF AN INTERNET SHUTDOWN IS PARTIAL AND LOCALIZED, A VPN CAN BE USED TO GET AROUND IT.







MOST PEOPLE DON'T KNOW ABOUT THIS STUFF ANYWAYS. THE INTERNET IS STILL PRETTY NEW.

> IF YOU TOLD MY PARENTS THAT IT WAS FOR "PUBLIC SAFETY". CHANCES ARE THEY'D AGREE TO A SHUTDOWN. THEY DON'T KNOW WHAT WE'RE LOSING.

WE'RE ALWAYS TRYING TO EDUCATE PEOPLE ON THEIR RIGHTS AND THE DIGITAL LANDSCAPE BUT IT CAN BE HARD TO GET THE RIGHT INFORMATION OUT THERE. WE HAVE TO KEEP TRYING.



WE'LL BE MEETING WITH A FELLOW ACTIVIST GROUP THIS AFTERNOON TO PROTEST THE SHUTDOWN.

15:30 ON MAIN STREET IN CASE OF A SHUTDOWN WAS WHAT WE SETTLED ON. I MEANT TO TELL YOU EARLIER, BUT THEN THE SHUTDOWN WAS ALREADY HAPPENING.



BUT YOU COULD HAVE STILL CALLED ME OR SENT ME A TEXT MESSAGE, RIGHT? IT'S JUST THE ONLINE MESSENGERS THAT AREN'T WORKING RIGHT NOW. TOO RISKY. PHONE CALLS AREN'T END-TO END ENCRYPTED LIKE MOST IN-APP CALLS, AFTER ALL. IF IT'S IMPORTANT AND SAFE COMMUNICATION ISN'T AVAILABLE, IT'S BEST SAID IN PERSON.

WE BETTER BE READY FOR ANYTHING. ONCE THE INTERNET SHUTS DOWN, IT BECOMES MORE DIFFICULT TO PRODUCE EVIDENCE OF HUMAN RIGHTS VIOLATIONS.



GO OVER BLUETOOTH COMMUNICATION REAL



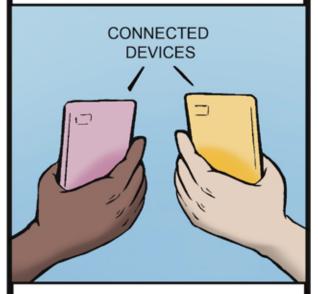
THAT'S ONE SOLUTION, I GUESS ...



THE BEST SOLUTION WOULD BE PREVENTING THESE DARN SHUTDOWNS IN THE FIRST PLACE.

BUT IT'S OFTEN HARD TO DETECT HOW THEY'RE BEING PRODUCED AND THE TELECOM FIRMS INVOLVED FOLD TO PRESSURE FROM THE AUTHORITIES.

BY NOW, YOU SHOULD BOTH HAVE AN APP ON YOUR PHONE THAT CAN USE BLUETOOTH TO PASS ON MESSAGES. BLUETOOTH ONLY HAS LOW REACH, BUT THE INDIVIDUAL PHONES CAN USE EACH OTHER TO SPREAD INFORMATION, THE MORE PEOPLE USE IT. THE FURTHER MESSAGES CAN SPREAD IN THIS DECENTRALIZED MESH NETWORK.



THE MESSAGES YOU GET MAY BE CODED SO THE INTENT ISN'T OBVIOUS TO THE UNINITIATED. IN OUR CASE, WE MIGHT BE "GOING OUT FOR PIZZA" AT A CERTAIN PLACE AND DATE TO ASSEMBLE FOR PROTEST.



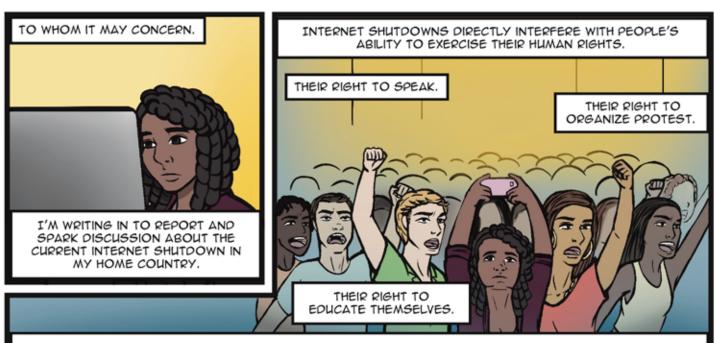












EVERY ONE OF THOSE WOULD BE OBJECTIONABLE ON ITS OWN, BUT I BELIEVE THE VIOLATIONS EXERCISED THROUGH INTERNET SHUTDOWNS RUN EVEN DEEPER.

HUMANS HAVE AN INTRINSIC NEED TO COMMUNICATE AND TO BE UNDERSTOOD. INTERACTION IS IN OUR NATURE.



SO MUCH SO THAT BEING CUT OFF FROM ALL HUMAN INTERACTION IS KNOWN TO BE A FORM OF CRUEL AND UNUSUAL PUNISHMENT. SOME THINK THAT THE INTERNET IS "LESS REAL" THAN FACE-TO-FACE COMMUNICATION.
BUT IT WAS BORN OUT OF HUMANITY'S NATURAL DRIVE TO INTERACT. IT IS AN EXTENSION OF OUR UNIVERSAL DESIRE FOR COMMUNICATION.



SO HOW CAN A GOVERMENT SHUTTING IT DOWN WHENEVER IT SUITS THEM BE ANYTHING OTHER THAN AN ATTACK AGAINST HUMAN NATURE ITSELF?

I SAY THAT FOR THOSE REASONS,
INTERNET SHUTDOWNS SHOULD NOT ONLY
BE CONSIDERED IN RELATION TO THE HUMAN
RIGHTS HINDERED, BUT ALSO AS A VIOLATION
OF HUMAN NATURE IN ITS OWN RIGHT.



I URGE THE INTERNATIONAL COMMUNITY TO TAKE THIS MATTER SERIOUSLY AND TO EMPLOY SANCTIONS AGAINST GOVERMENTS INTERFERING WITH TELECOMMUNICATION THAT CANNOT BE HELD ACCOUNTABLE OTHERWISE.





Understand the Local Situation:

- You might want to gather insights into the specific local context.
- Check who might be monitoring your activities and evaluate potential threat actors
- Investigate any legal restrictions on tools like VPNs or encrypted messaging apps
- Understand possible consequences, such as penalties or confiscation during inspections.

Keep Software Updated:

- Consider regularly updating all your software, especially security patches, to reduce the risk of vulnerabilities being exploited.

Separate Accounts and Devices:

- You may want to use separate accounts—and if possible, separate devices—for activism to minimize the risk of cross-exposure with personal activities.

Limit Your Digital Footprint:

- Be mindful of linking your real identity to activist accounts. Consider using pseudonyms and avoid real names/photos, especially in messaging apps where strangers access your profile.
- Think twice before uploading photos, videos, or posts that could inadvertently reveal your location, activities, or connections.
- If you want to send a sensitive photo, consider using the 'view once' feature available on some apps. This ensures the recipient can view the image only once and prevents them from taking a screenshot.
- Check your social media connections and be cautious about who you add or follow.

Regularly Clean Your Devices:

- You might want to remove sensitive messages, files, or other digital evidence periodically.
- Don't forget to review your contacts and remove those that may compromise your safety or theirs.

Implement Basic Security Measures:

- Consider creating unique, strong passwords for each account and using a reputable password manager.
- You might want to enable two-factor authentication (2FA) on all accounts, set app-specific PINs, and use automatic app lock features.
- Think carefully about whether to connect to public Wi-Fi networks.

Secure Communication:

- Consider using end-to-end encrypted messaging platforms (for calling too!) and enabling self-deleting messages to reduce risks if your device is compromised.
- Be aware that certain apps may draw suspicion or be criminalized in your region.

Limit App Permissions and Access:

- You could review app permissions and restrict them to essential functions.
- Avoid unnecessary apps, especially those requesting excessive access to your data.

Establish Secure Backups and Recovery Plans:

- You might want to securely back up critical data using encryption to protect it against device loss or confiscation.
- Have a recovery plan ready in case an account is compromised.

Prepare for Device Inspections:

- Consider having a plan for quickly deleting or hiding sensitive information in case of sudden device checks.
- Look into apps or settings that allow you to encrypt, hide, or remove sensitive data and browsing history swiftly.

Stay Alert to Phishing Attacks:

- Be cautious about links, attachments, and messages from unknown sources.
- It's helpful to regularly update your awareness of phishing tactics and verify the authenticity of senders before clicking links or providing information.

By following these steps, you can take proactive measures to protect your identity, your data and your activism efforts in high-risk environments.

For detailed training and technical support, the following websites are helpful:
Front Line Defender: https://securityinabox.org/en/
Helpline Access Now: https://www.accessnow.org/resources/

SECURITY IS PARAMOUNT ONLINE AND OFFLINE

Maria, Alex, Sarah, and Daniel are four friends deeply committed to human rights activism in a country grappling with increasing authoritarianism. Their efforts to organize and amplify their message on social media are met with relentless challenges: internet shutdowns, hacked accounts, direct threats and constant surveillance—tactics aimed at silencing dissent and instilling fear. Daniel's arrest for his involvement in the protests serves as a stark reminder of the dangers they all face.

Follow Maria as she strives to learn more about digital safety and what it means for activists in four short comic stories.

